



Organized by

1st Department of Orthopaedics
National and Kapodistrian
University of Athens, School of Medicine
ATTIKON University Hospital
Athens, Greece
Prof. Panayiotis J. Papagelopoulos

Under the auspices of



24 - 25 September 2021

Advanced Techniques in Shoulder Surgery

Course Directors:
Koulalis Dimitrios
Mastrokalos Dimitrios
Mavrogenis Andreas



Practical
Sessions on
Cadavers

2 participants
per practical
station

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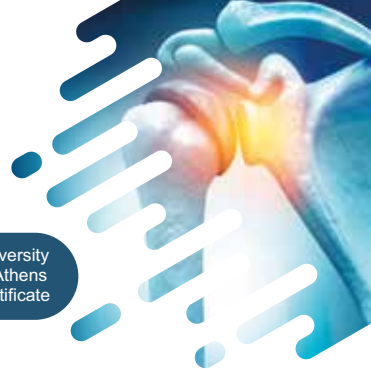
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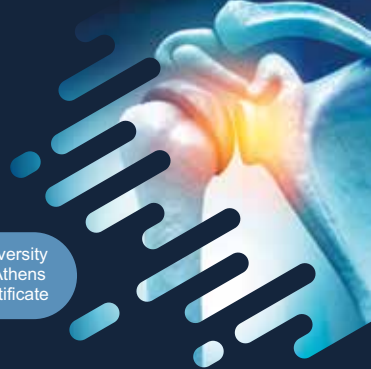
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Welcome Note

Dear Colleagues,

On behalf of the organizing committee of the **“Advanced Techniques in Shoulder Surgery”** course, which will be held on the **24th and 25th of September 2021** at the **ATT Center** in Athens, Greece, it is our great pleasure to invite you to participate in the scientific program.

The program of this 2-day course has been carefully structured and will focus on the most up-to-date developments in surgical approaches and treatment of shoulder pathologies. It includes hands-on practice on cadaveric specimens, as well as lectures on the recent advances of shoulder surgery and treatment.

This course aims to provide an excellent opportunity for young orthopaedic surgeons to broaden their knowledge of shoulder surgery and approaches, and perfect their skills, through the guidance and instruction of experienced orthopaedic surgeons both from Greece and abroad.

We warmly welcome you in Athens.

Koulalis Dimitrios

*Assistant Professor
in Orthopaedics*

*1st Orthopaedic Department
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**NATIONAL AND KAPODISTRIAN UNIVERSITY OF ATHENS, SCHOOL OF MEDICINE
1st DEPARTMENT OF ORTHOPAEDIC SURGERY**

Professor & Chairman: Panayiotis J. Papagelopoulos, MD, Dsc., FACS

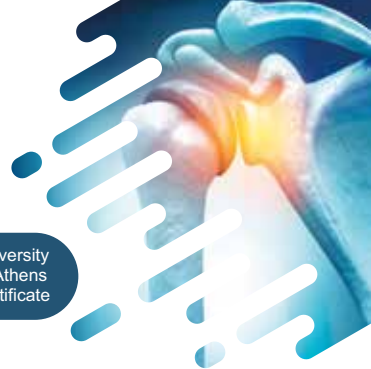
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Scientific Program

Friday, 24 September 2021

07:30

Registration

08:00

Course Inauguration

P.J. Papagelopoulos

08:00 - 09:00

Theory Shoulder I - Acromion

Chair: D. Koulalis, O. Savvidou

08:00 - 08:15

Reasons of subacromial impingement:

Clinical examination, radiological examination, diagnosis

A. Tokis

08:15 - 08:30

Subacromial space arthroscopy. Positioning of the patient, arthroscopic portals. Normal Anatomy

D. Mastrokalos

08:30 - 08:45

Glenohumeral Space. Positioning of the patient, arthroscopic portals. Normal Anatomy

D. Koulalis

08:45 - 09:00

Subacromial - Glenohumeral space arthroscopy. Pathological anatomy. Classification of lesions

C. Yiannakopoulos

09:00 - 09:30

Coffee Break

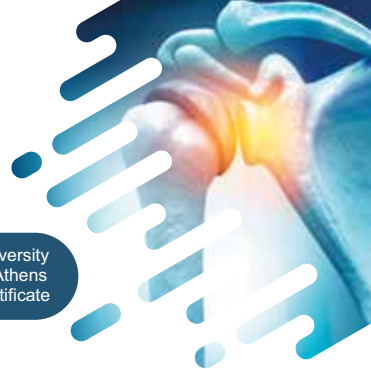
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Scientific Program

Friday, 24 September 2021

09:30 - 12:30

Cadaveric Workshop Shoulder I - Subacromial Space

I. Chiotis, K. Ditsios, K. Katzensteiner, I. Kotsalis, D. Koulalis,
D. Mastrokalos, A. Tokis, C. Yiannakopoulos

Portals

Arthroscopic Anatomy

Handling - Positioning of Instruments

12:30 - 13:00

WELCOME NOTE

12:30 - 12:35

Welcome Address

D. Koulalis, D. Mastrokalos, A. Mavrogenis

12:35 - 12:45

Welcome Note

P. Skandalakis

12:45 - 13:00

Mentorship & Leadership: An Unbreakable "Symbiotic Chemistry" of Excellence & Virtue Between Teacher & Resident

P. N. Soucacos

13:00 - 14:00

Light Lunch

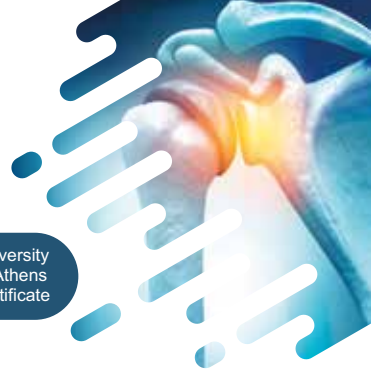
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Friday, 24 September 2021

14:00 - 15:00

Theory Shoulder II - AC joint, RC

Chair: K. Ditsios, P. Papadopoulos

14:00 - 14:15

AC joint instability. Surgical reconstruction.

Indications, Techniques, Results

K. Katzensteiner

14:15 - 14:30

Rotator Cuff - Partial Tear. Surgical Treatment. Indications, Techniques, Results

K. Ditsios

14:30 - 14:45

Rotator Cuff - Massive irreparable tear. Indications, Techniques, Results

Z. Kokkalis

14:45 - 15:00

Rotator Cuff - Massive irreparable tear. New Techniques

E. Fandridis

15:00 - 15:30

Coffee Break

15:30 - 18:30

Cadaveric Workshop Shoulder II - Subacromial Space

E. Antonogiannakis, E. Brilakis, E. Fandridis, Z. Kokkalis, D. Koulalis, D. Mastrokalos, P. Papadopoulos, C. Sinopidis

AC joint instability: Surgical Reconstruction Techniques

Rotator Cuff rupture. Surgical Reconstruction Techniques

Massive - irreparable rotator cuff tears.

Surgical Reconstruction Techniques

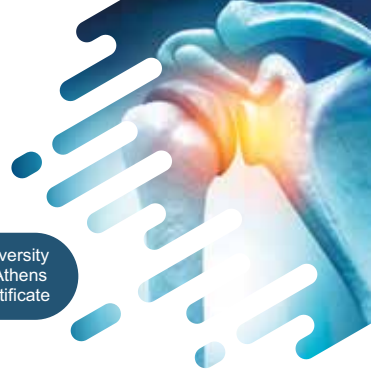
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Saturday, 25 September 2021

08:00 - 09:00

Theory Shoulder III - Glenohumeral joint

Chair: M. Hantes, D. Mastrokalos

08:00 - 08:15

Shoulder instability: anatomical pathology, clinical examination, radiological examination

E. Brilakis

08:15 - 08:30

Surgical treatment of Shoulder Instability. labrum refixation.

Tips and Tricks

M. Hantes

08:30 - 08:45

Surgical treatment of recurrent shoulder instability Latarjet Technique

Tips and Tricks

U. Lanz

08:45 - 09:00

Surgical treatment of recurrent shoulder instability with bone loss.

Eden - Hybinette technique

E. Antonogiannakis

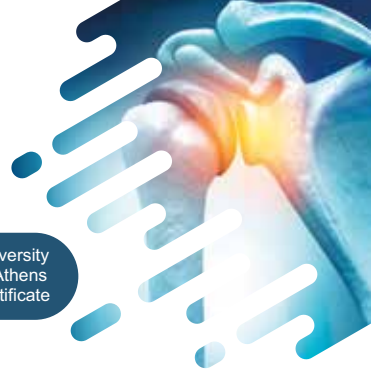
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Saturday, 25 September 2021

09:00 - 12:00

Cadaveric Workshop Shoulder III - Glenohumeral Joint

E. Antonogiannakis, E. Brilakis, K. Ditsios, M. Hantes, Z. Kokkalis,
I. Kotsalis, P. Papadopoulos, C. Sinopidis

Arthroscopic treatment of shoulder instability.

Bankart procedure

Arthroscopic treatment of recurrent shoulder instability.

Latarjet procedure

Arthroscopic treatment of recurrent instability. Bone block.

Eden Hybinette

12:00 - 12:30

Coffee Break

12:30 - 13:30

Theory Shoulder IV - Trauma - Osteoarthritis

Chair: J. Feroussis, P. Papadopoulos

12:30 - 12:45

Fracture treatment of the shoulder area. Principles and Techniques.

P. Giannoudis

12:45 - 13:00

Treatment of humeral fractures with Ilizarov external fixation system.

A. Drakou

13:00 - 13:15

Osteoarthritis of the shoulder. Anatomical Total Shoulder Arthroplasty

Principles. Techniques

E. Chronopoulos

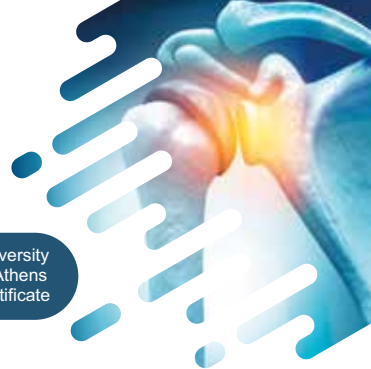
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Saturday, 25 September 2021

13:15 - 13:30

**Osteoarthritis of the shoulder. Reverse Shoulder Arthroplasty
Principles. Techniques**

P. Papadopoulos

13:30 - 13:45

How to avoid complications in reverse shoulder arthroplasty

J. Feroussis

13:45 - 14:30

Lunch Break

14:30 - 17:30

Cadaveric Workshop Shoulder IV - Trauma - Osteoarthritis

A. Drakou, E. Fandridis, J. Feroussis, K. Katzensteiner, E. Kessidis,
A. Mavrogenis, C. Sinopidis, A. Vossos

Internal External Osteosynthesis of the shoulder area

Total Shoulder Arthroplasty

Reverse Shoulder Arthroplasty

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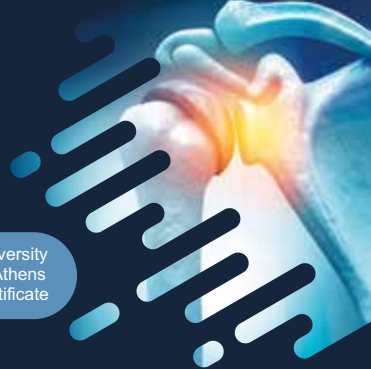


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Faculty / Instructors

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Feroussis C. John

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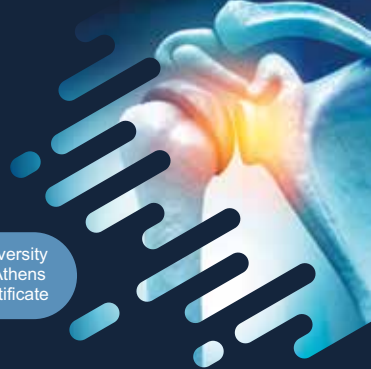
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Faculty / Instructors

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Mavrogenis Andreas

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Lanz Ulrich

Orthopaedic physician and surgeon - Sports
Orthopaedics Shoulder specialist - Expert consultant
for Arthrex, Vienna, Austria

Papadopoulos Pericles

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2nd Orthopaedic Department, Aristotle University of
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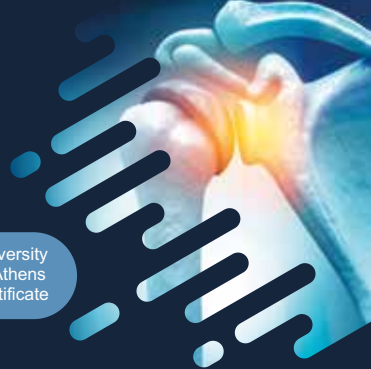
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Faculty / Instructors

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Yiannakopoulos K. Christos

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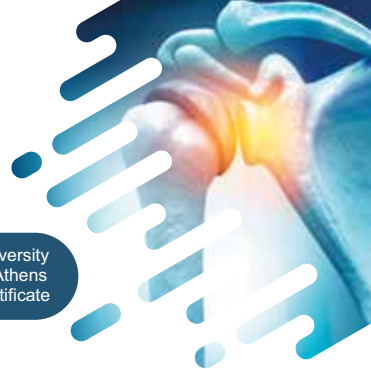
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