



17-19
December
2021

Program

Naousa 360° FOOT AND ANKLE



Event Center "ERIA", Naousa

Organized by



ORTHOPAEDIC DEPARTMENT
NAOUSA'S GENERAL HOSPITAL

Under the auspices



HELLENIC ASSOCIATION OF
ORTHOPAEDIC SURGERY
AND TRAUMATOLOGY



HELLENIC FOOT & ANKLE SOCIETY
SECTION HAOST

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Naousa 360° FOOT AND ANKLE

Event Center "ERIA", Naousa

Welcome Note

Dear colleagues,

Naousa's Orthopaedic Department proudly invites you to the "Naousa 360° Foot and Ankle" meeting.

The meeting will be held from the **17th until the 19th of December 2021** at Naousa's "ERIA Centre".

This meeting is under the auspices of the Hellenic Association of Orthopaedic Surgery and Traumatology and the Hellenic Foot & Ankle Society, Section HAOST.

Additionally, distinguished members of the Balkan Foot and Ankle Society have been invited as speakers.

This meeting is designed to provide a thorough knowledge update on the Foot and Ankle problems, analyzing topics such as ankle arthroscopy, F&A fractures, and congenital and acquired deformities of the foot.

An expertise faculty will embark on a special session for Total Ankle Replacement also.

On the first day (Friday the 17th), esteemed faculty will share their experience with junior doctors on current Foot and Ankle problems, diagnosis, and treatment, through a combination of lectures and live surgery at Naousa's General Hospital.

A lesson for ultrasound F&A blocks and hands-on sawbones will also happen.

We are looking forward to your warm participation as we are more than confident that you will join this meeting.

Looking forward to seeing you,

Best regards

Alexandros Eleftheropoulos, MD



Foot and Ankle
Orthopaedic Consultant
Head of Orthopaedic Department
Naousa's General Hospital
Central Macedonia, Greece

President of Hellenic
Foot & Ankle Society
Secretary-General of HAOST

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Committees

Scientific Committee



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SECTION HAOST

Organizing Committee

A. Eleftheropoulos
N. Tsiamis
E. Papamichail
A. Gantsos
K. Bosinakis
I. Vassiadis
I. Petrakis
Z. Zacharopoulos
A. Kyrkos

P. Enfientzoglou
Z. Kiourka
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G. Gkoumousian
D. Giannekas
A. Polyzos
D. Rigos

Organization



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Naousa 360° FOOT AND ANKLE

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Friday 17 December 2021

Course for trainees
Naousa's General Hospital

07:30
08:00

Welcome Coffee

08:00
13:30

LIVE Surgery - LIVE Ultrasound Blocks

Instructors: K. Bosinakis, O. Papazachariadis, I. Petrakis, C. Vassos, A. Eleftheropoulos

Arthroscopic Ankle Fusion

Hallux Rigidus - MTP Fusion

Endoscopic Tibial Talar Calcaneal Fusion

Acquired Flat Foot Deformity - Calcaneal Osteotomy plus FDL transfer

13:30
14:30

Lunch Break

14:30
16:30

Hands-on Sawbones - MTP Fusion

Instructors: K. Bosinakis, I. Giannaros, I. Petrakis, C. Vassos, A. Eleftheropoulos

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**ORTHOPAEDICS
FOR DUMMIES**

16:30
17:00

Coffee Break

17:00
17:30

Case Presentations

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Course for trainees
Naousa's General Hospital

17:30
18:15

Ankle arthroscopy - Endoscopy

Moderators: **E. Papamichail, C. Vassos**

360° Ankle Arthroscopy & Endoscopy • **C. Vassos**

Arthroscopic Ankle Fusion • **K. Bosinakis**

Arthroscopic Subtalar Fusion • **V. Lampridis**



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Saturday 18 December 2021
ERIA Center - Naousa

09:15
09:30

Welcome Coffee

09:30
10:00

Opening Ceremony

10:00
11:00

Ankle Fractures

Moderators: I. Vassiadis, I. Giannoulis

Introduction • C. Kalitsis

The Classical Approach • L. Oikonomou

The 360° Approach • N. Gougoulas

Is it the same in kids? • C. Konstantoulakis

11:00
11:15

Coffee Break

11:15
11:30

Distal Tibial Fracture

Moderator: A. Konstantinidis

How far can I reach with my nail • M. Savvidis

11:30
12:15

Pilon Fracture

Moderators: N. Tsiamis, S. Dimitriadis

Introduction • A. Papanikolaou

Use the plate – Use it right • S. Papadakis

Complex lower leg fractures. When and how to apply a circular frame • G. Biniaris

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Saturday 18 December 2021
ERIA Center - Naousa

12:15
12:30

Case Presentation

12:30
12:45

Coffee Break

12:45
13:15

Os Calcis Fractures

Moderators: A. Eleftheropoulos, K. Papadopoulos

Introduction • I. Petrakis

How I deal with the problem • I. Notaras

13:15
13:30

Case Presentation

13:30
14:15

Acquired Flat Foot Deformity

Moderators: A. Eleftheropoulos, Z. Zacharopoulos

Introduction • I. Giannaros

Koutsogiannis Osteotomy • A. Christou

Lateral Column Lengthening Osteotomy • M. Rozis

14:15
14:45

Equinus - Cavo - Varus Paralytic Deformities

Moderators: A. Eleftheropoulos, I. Tseronis

Posterior Tibialis Tendon transfer in paralytic equinus deformity • Z. Dailiana

Clubfoot stories for children and adults • D. Metaxiotis

14:45
15:30

Lunch Break



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ERIA Center - Naousa

15:30
16:30

HindFoot Arthritis - Total Ankle Replacement

Moderators: **I. Gougoulas, C. Vassos**

TAR - Introduction • **E. Evangelou**

TAR - My experience - My limits • **D. Georgiannos**

TAR - 15 Years of experience • **A. Badekas**

TAR - The Balancing procedures • **J. Štalc**

16:30
16:45

Coffee Break

16:45
17:30

Sport Injuries in Adults and Kids

Moderators: **P. Kontovazenitis, K. Bosinakis**

Acute Achilles Tendon rupture • **A. Eleftheropoulos**

Peroneal Tendon Problems • **A. Konstantinidis**

Ankle sprain in kids. Is it so innocent? • **A. Kyrkos**

20:00

Gala Dinner

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Sunday 19 December 2021
ERIA Center - Naousa

09:15
09:30

Good morning Coffee

09:30
10:30

Hallux Valgus - Forefoot Reconstruction

Moderators: **D. Giannakas, C. Chrysanthou**

Hallux Valgus: Introduction • **I. Papachristos**

MIS forefoot reconstruction - How I do it • **A. Katsarov**

My limits in MIS approach • **D. Hatzziemmanouil**

Revision Forefoot Reconstruction • **E. Stamatis**

10:30
11:00

Coffee Break

11:00
12:00

Ankle Instability

Moderators: **I. Petrakis, K. Chitas**

Introduction • **A. Polyzos**

OCL of the Talus • **V. Chouliaras**

Lateral ankle instability - The arthroscopic approach • **A. Eleftheropoulos**

Medial instability - Does it exists? • **R. Tsaknis**

12:00

Closing Remarks



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Faculty

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Nektarios Tsiamis

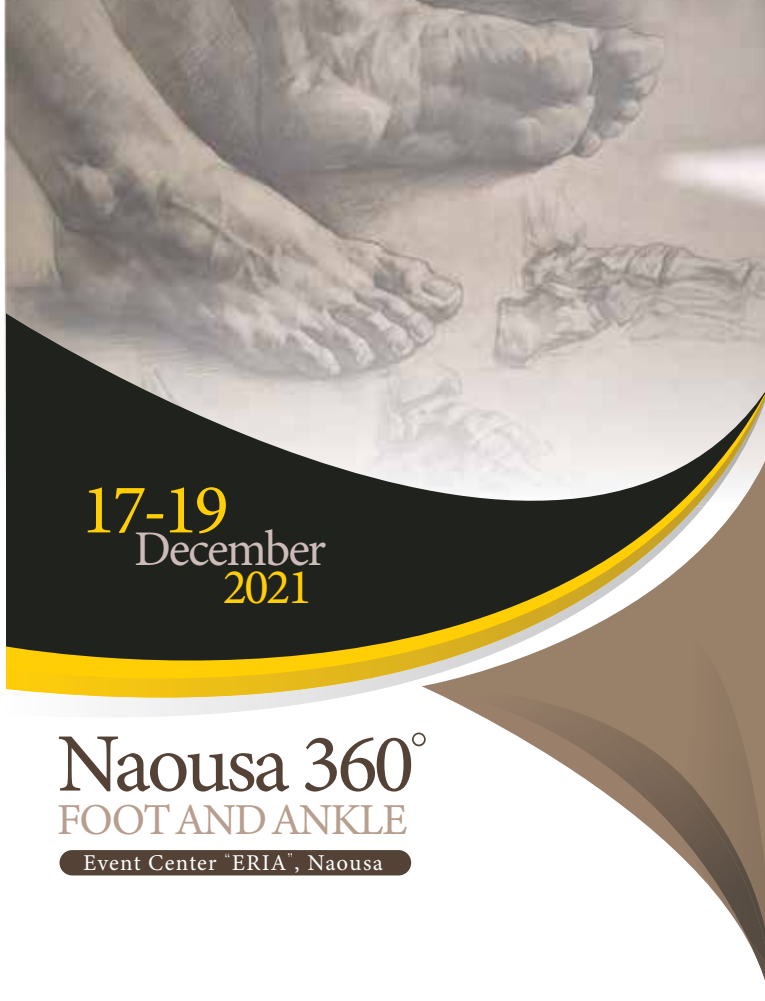
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