



SCIENTIFIC PROGRAM

Saturday, 25 September 2021

08:30 – 09:00 Welcome address

09:00 – 10:25 Section 1 - Introduction to Ankle Arthroscopy

09:00 – 09:15 Instrumentation and setup

M. Rozis

09:15 – 09:30 MRI evaluation of the ankle

K. Spanakis

09:30 – 09:45 The evolving role of diagnostic ultrasonography

K. Spanakis

09:45 – 10:15 Portals and arthroscopic anatomy of the ankle

A. Eleftheropoulos

10:15 – 10:25 Discussion

10:25 – 10:55 **Coffee break**

10:55 – 12:55 Section 2 - Ligamentous injuries of the ankle

10:55 – 11:10 Clinical examination

N. Van Dijk

11:10 – 11:30 Arthroscopic reconstruction of the LLC

A. Eleftheropoulos

11:30 – 11:45 Arthroscopic reconstruction of the MLC

P. Symeonidis

11:45 – 12:00 The limits of open and arthroscopic management

N. Van Dijk

12:00 – 12:30 Severe ankle instability- Alternative approaches

E. Stamatis

Instability of the syndesmosis – High ankle sprains

12:30 – 12:45 Definition and treatment

A. Badekas

12:45 – 12:55 Discussion



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12:55 – 14:40 Section 3 - Tendon pathologies

Achilles tendon

12:55 – 13:25 Regional pathologies and treatments
A. Badekas

Peroneal tendons

13:25 – 13:40 The role of tendoscopy-Treatment options
P. Symeonidis

13:40 – 14:00 Peroneal tendon and peroneal retinaculum pathology
E. Stamatis

14:00 – 14:30 Hindfoot endoscopy: Current and future indications
N. Van Dijk

14:30 – 14:40 Discussion

14:40 – 15:40 Light Lunch

15:40 – 16:50 Section 4 - Chondral lesions

15:40 – 16:25 Osteochondral lesions of the talus- Current concepts and treatment
N. Van Dijk

16:25 – 16:40 The single incision approach
A. Badekas

16:40 – 16:50 Discussion

16:50 – 19:00 Section 5 - Arthritic Conditions

16:50 – 17:05 Role of arthroscopy and biologics in ankle arthritis
A. Eleftheropoulos

17:05 – 17:20 Ankle joint preserving re-alignment surgery as an adjunct to arthroscopic procedures
N. Gougoulas

17:20 – 17:40 Sinus tarsi arthroscopy
N. Van Dijk



LIVE
STREAMING

25
26
September 2021



LIVE
Surgical
Broadcast



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- 17:40 – 18:20 Arthroscopic tibio-talo-calcaneal, "double", triple, and pantalar arthrodesis
N. Gougoulis
- 18:20 – 18:50 Severe ankle deformities-Open fusion
V. Polyzois
- 18:50 – 19:00 Discussion – Closing Remarks

Sunday, 26 September 2021

- 09:00 – 11:00 Live Surgery – Case 1
- 11:00 – 11:30 Coffee break
- 11:30 – 13:00 Live Surgery – Case 2
- 13:00 – 13:30 Light Lunch
- 13:30 – 15:30 Live Surgery – Case 3
- 15:30 – 16:00 Discussion – Closing Remarks